



### Activity Report

**Title of Activity:** International Women's Day Celebration 2023.

**Date & venue:** 8<sup>th</sup> March 2023, Auditorium Y.B. Chavan College of Pharmacy, Aurangabad.

**Outcomes of the activity achieved:**

International Women's Day 2023 was celebrated with zeal and enthusiasm and motivational lectures were organized of eminent speakers

**Participants included:**

150 (girls students of B.Pharm, M.Pharm, Ph.D scholars and ladies staff members)

**Mode of session: Offline**

**Expenditure Amount (if any): Rs. 2922/-**

**International Women's Day Theme-** "DigitALL: Innovation and technology for gender equality"

**About activity:**

The Women's Day was celebrated by with great enthusiasm by the students and staff of Y.B. Chavan College of Pharmacy on the 8<sup>th</sup> of March 2023 at the college auditorium. The program was organised by the Holistic Health Club under AICTE-SPICES scheme in association with APTI Women's Forum, Maharashtra, and Internal Complaint Committee.

The programme commenced at 10:00 AM with some entertaining games. The first session of the event was directed on personal grooming. Ms. Deepika Ambati, Manager at Lakme Academy presented the keynote address while Ms. Utkarsha Swami, Trainer at Lakme Academy conducted a brief training session on personal grooming. During the discussion, the resource person used a model to show grooming techniques as well as shared many tips on better grooming. The second session was highlighted on Mental Health and Nutrition presented VLCC Institute of Beauty & Nutrition. Mrs. Farah Shaikh, Head of the Institute delivered the keynote address and Ms. Renuka Latne, a nutrition faculty member spoke on importance of Mental Health and Nutrition for living a well balanced life. Following that, students put on a fun-filled and engaging program in which they showcased their extraordinary talent through singing, playing instruments, dancing, and fashion shows.

**Activity Experience:**

**a. Outcome wise description of observations/explanations**

The ladies faculty and girl students had a fun in the cultural program; many students showcased their talent in extra-curricular activity. The girls' students got motivated after listening to eminent speakers.

**b. The concept/principles/procedures learn as the result of activity.**

The students got aware about importance of personal grooming and mental health and nutrition.

**c. Application of observation/experience in professional life/work**

The student felt more confident and conducive in the college

**d. Summary & conclusion**

The event got completed successfully with full participation and cooperation of girl students.

**Flyer of the event:**

**Dr. Rafiq Zakaria Campus**  
Maulana Azad Educational Trust's  
**YB CHAVAN COLLEGE OF PHARMACY**

ISO 14001:2015 ISO 21001:2018 NIRF-2022 AIR 69th NAAC "A" GRADE (CGPA 3.23)

**Holistic Health Club**  
Under AICTE - SPICES Scheme  
in association with  
**Internal Complaint Committee**  
on the occasion of  
**Women's Day**  
Organizes Seminar on  
**"Mental Health . Nutrition  
& Personal Grooming"**  
**8th March, 2023 , 10:00 AM Onwards**

**Resource Persons**

 <b>Ms. Farah Shaikh</b> Head of institute, VLCC Aurangabad.	 <b>Ms. Renuka Latne</b> Nutritionist, VLCC Aurangabad.	 <b>Ms. Deepika Ambati</b> Sales and Student Relationship Manager, Lakme academy powered by Aptech/Aurangabad.	 <b>Ms. Utkarsha Swami</b> Makeup Trainer, Lakme Academy powered by Aptech/Aurangabad.
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**Organizing Committee**

<b>Dr. Marzooka Chishti</b> SPICES Coordinator	<b>Mrs. Reshma Toshniwal</b> ICC Incharge	<b>Dr. Furquan Khan</b> SPICES Co-Coordinator	<b>Dr. M. H. Dehghan</b> Principa & Convener
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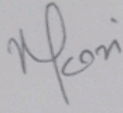
SCAN THE QR CODE TO REGISTER  
OR  
VISIT THE BELOW LINK  
[shorturl.at/nKLM3](https://forms.gle/eWpEXthozz46V7xL6)

Registration link- <https://forms.gle/eWpEXthozz46V7xL6>

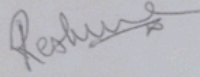
Activity In-charge: Dr. Maria Saifce

Coordinated by:

Dr. Marzooka Chishti  
SPICES Coordinator



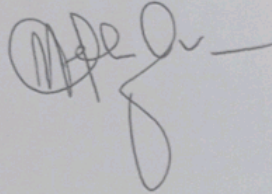
Mrs. Reshma Toshniwal  
ICC Incharge



Dr. Furquan Khan  
SPICES Co-coordinator



Dr. M.H. Dehghan  
Convener & Principal



Photos of the event

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