

TRIMONTHLY E-BULLETIN OF Y B CHAVAN COLLEGE OF PHARMACY

Edition : 012

Dr. Rafiq Zakaria Campus, Rouza Bagh, Aurangabad

JUNE: 2020

Artist Corner

Events / Happenings Pg 02

Women's Day Celebrations 9th March, 2020



International Women's Day 2020 was celebrated by ladies faculty and girl students on the theme 'Mehfil-e-Mastoorat'. Dance, Singing, Quiz competition and Make-up competition were organized by B. Pharm Final year students in which rest of the girl students participated. All the teaching & non-teaching ladies faculty and girls of B. Pharm & M. Pharm also participated in the Health Check-Up Camp, Dr. Heena Khan, BAMS, PG, DCC in Cosmetologists, CosmoSlim Clinic, was invited. This event was coordinated by Ms. Khan Dureshahwar, Member, Cultural Committee and Health-Aid Committee, Department of Pharmacology, Y. B. Chavan College of Pharmacy, Aurangabad



Articles / Poems Pg 03

COVID-19 Awareness Message 4th April, 2020

"Stay Home Stay Safe" message by students in COVID-19 Lockdown. A group of second year students came up with a novel idea to fight the corona virus by teaming up in photo frames albeit sitting at their homes in different cities across the country. Their only plea was to urge people to stay indoors to fight the pandemic. The students coordinated online for the novel initiative which was posted on various social media platforms and local newspaper.

lokmat Times



NO MUGSHOTS THESEI: A group of second year students of Y B Chavan College of Pharmacy has come up with a novel idea to fight the novel coronavirus by teaming up in photo frames albeit sitting at their homes in different cities across the country. Their only plea is to urge people to stay indoors to fight the pandemic. The students coordinated online for the novel initiative which was posted on various social media platforms.

Pg 04 National Pharmacy week celebration 2020: "Pharmacists: your

medication counsellor"

27/01/2020 to 01/02/2020

This year the theme was "Pharmacists: your medication counsellor". As part of National Pharmacy Week celebrations students participated in various intercollegiate competitions organized by the local body of Indian Pharmaceutical Association. Competitions such as Power Point presentation, article writing, elocution, poster making, caption writing and street play were held. The activity experience was very encouraging. This year the first year students showed more participation and won various events. They displayed confidence and enthusiasm as compared to their seniors. All the students got wider exposure as they got a chance to perform to outside audience in form of street play and final inter-college events held at various pharmacy colleges. Students were enthusiastic to perform before an unknown crowd and were elated to receive applause from them.

Winners of Intercollege events					
Sr. No.	Name of Event	Name of Participants	Prize	Year	
01	Power Point Competition	Snehi Ambadkar	Runner Up	3rd B. Pharm	
02	Caption Competition	Khan Shaziya Khanam	1st Runner Up	1st M. Pharm	
03	Debate	Hasan Jawwad Arvind Kulkarni	Runner Up	1st B.Pharm 1st B.Pharm	

YBCHRONICLE

	Winners of Intercollege events						
Sr. No.	Name of Event	Name of Participants	Prize	Year			
01	Caption Competition	Snehi Ambadkar Khan Shaziya Khanam Komal Kailash Gaike	Winner Winner Runner Up	3rd B. Pharm 1st M. Pharm 2nd M. Pharm			
02	T-Shirt Designing	Shaikh Nilofar Rashid Shaikh Mariya Rubat	Winner Runner Up	3rd B. Pharm 3rd B. Pharm			
03	Power Point Presentation	Snehi Ambadkar Hasan Jawwad / Arvind Kulkarni	Winner Runner Up	3rd B. Pharm 1st B. Pharm			
04	Article Writing	Snehi Ambadkar Pranali Dnyaneshwar Nawale	Winner Runner Up	3rd B. Pharm 1st B. Pharm			
05	Debate	Hasan Jawwad / Arvind Kulkarni Dev Gaurav / Kale Kaustubh	Winner Runner Up	lst B. Pharm lst B. Pharm			

Orientation and Induction Program for B.Pharm, M. Pharm Semester-I students and Directly admitted second year students, October 2019

The orientation program was conducted to introduce the M.Pharm Semester I students to the working environment of the college. The program began with felicitation of Pro- Vice Chancellor Dr. Pravin S. Wakte, Dr. Baba Ambedkar Marathwada University, Aurangabad, followed by orientation lecture. The orientation lectures were delivered by Dr. Mazhar Farooqui, also Dr. Magdoom Farooqui and Dr. Riyaz Qureshi. The college mission, vision and goal were made known to the students. Students were made familiar with various departments and committees in the College. They were introduced to various research facilities in the college. College norms regulations and University were explicitly explained.

Patent granted to Anna Nikalje and Rekha Gajare. [March, 2020]

Indian Patent granted to Anna Nikalje, Rekha Gajare, on Diethyl (Substituted Phenyl/heteryl)(2(2- Oxoindolin-3 ylidene)Hydrazinyl) phosphonate compounds Methyl as Anticancer Agents [March 2020]

ARTICLES 🔊

The Importance of Water for Sustainable Development Let's BE Responsible!

Water is a boon for the living world, which reflects its importance. It is therefore very important to use water consciously, keeping in mind sustainable development.

Sustainable development basically deals with the cautious usage of water in the present so as to meet the future requirements of water by recycling it. Awareness for the same is carried out by Government bodies such as Municipal water utilities or Regional Government departments. Many new emerging domestic water-saving solutions, such as low-flow shower heads, low-flush toilets or composting toilets, use of sea water or rain water for flushing toilets, high efficiency clothes washers, and weather based irrigation controllers have aided in the sustainable development In the same manner, many commercial solutions have also emerged, such as foot operated faucets. pressurised water brooms, X-ray film processors, cooling tower conductivity controllers, and rain water harvesting.

The United Nations (UN) has determined that access to clean water and sanitation facilities is a basic human need and thus it has established goal number 6 in the Sustainable Development Goal (SDG) for sustainable development of clean water and sanitation with the mission "Ensure availability sustainable development of water and and sanitation for all." Thus, it's our responsibility as humans to bring maximum awareness and strive for and support sustainable water development so that our future generations live a healthy and happy life.

By : Asna Samreen B.Pharm 3rd year



HOW BAD IS THE WATER CRISIS IN INDIA (A TIMELINE FORECAST)

2019	Chennai Almost Runs out of Water
2020	21 Cities Including Bengaluru, Delhi, Hyderabad to Run out of Ground Water
2030	40% Of Indians Will Have No Access to Drinking Water
2040	There Will Be No Drinking Water In Almost All of India

JUNE 2020 02

YBCHRONICLE

Health Literacy: Key to the health care puzzle: Let's make Women's health a priority

We live in the era where all the information is just a click away. The post-code technical literacy rate has increased considerably. Knowledge is always beneficial and so is self-awareness, but incomplete knowledge, is Dangerous!!!!!!! Patients are getting information through the internet. We often get more information than we search for, but the basic thing is we don't bother to check the contents and consumption practises. According to the WHO, health literacy is "the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions." "Health literacy is the tool for improving health of individual and community"

The Nation is working towards health literacy through government schemes on education and awareness to improve the standard of personal and community health. Health literacy in India has a great impact because of low literacy, financial issues, poverty, lack of awareness, and lack of medical facilities. Poor health awareness often leads to fake information and knowledge. Health literacy as a barrier to preventive care

Nearly 8 in 10 women have never had a common cervical screening like a Pap test for cervical cancer, which is a completely curable illness, and don't know how often they should get the test. This proves health literacy is a major barrier to preventive care services. In India, there is a lack of awareness about preventive care. In the case of women belonging to the rural parts of India, they are embarrassed to talk about their health problems. A home test kit may fill this gap in preventive care and health literacy. Patient education as a tool to improve health literacy

Medical practitioners have a major role in patient education. Establishing clear, descriptive, and simple communication can solve many of the health doubts. It is observed in survey that most of the patients misunderstand the information by doctors when they use complex medical term and medical jargons. Self-care: A journey towards a fulfilling life

More you know more you can take care of yourself and others. Implanting self-care strategies and knowledge about food, nutrients, and exercise can impart enhanced community health and knowledge about what's good or bad for health.

By: Monali Dadke B. Pharm 2nd Year

POEMS CORNER

In a realm where science meets care, Where potions heal and hearts repair, Lies a haven of knowledge, vast and deep, A sanctuary where hope and health seep.

Pharmacy, the guardian of well-being's gate, Dispensing solace, defying the hands of fate. With shelves adorned in remedies arrayed, A symphony of cures in bottles displayed.

A pharmacist, a guide through uncharted seas, Navigating ailments with expertise. With eyes that see beyond mere symptoms' art, A healer who mends both body and heart.

From ancient roots to modern breakthroughs, Pharmacy's tapestry weaves, the future ensues. In every pill, in every measured dose, Lies the essence of life's transformative prose.

A tender touch, a trusted voice to share, A pharmacy becomes a haven, oh so rare. Through bustling aisles and white-coated lore, It offers solace, comfort, and so much more. With precision and care, prescriptions are filled, To alleviate suffering, a mission fulfilled. From pain relief to battles with disease, Pharmacy's embrace brings moments of ease.

Compounding compounds, blending their might, Creating elixirs, erasing the night. A symphony of chemistry, a harmonious blend, Crafting remedies that help life transcend.

In pillboxes and vials, knowledge resides, A treasure trove where wisdom presides. Pharmacists, custodians of health's sacred quest, Ensuring safety, efficacy, and best.

Through counseling and guidance, they impart, Empowering patients, igniting hope in the heart. With each interaction, a bond they weave, Nurturing wellness, making hearts believe.

So let gratitude bloom for these noble hands, Guardians of health, in our world's grandstands. Pharmacy, a testament to compassion's might, Bringing healing and hope, forever shining bright.

> By : **Hasan Jawwad** B. Pharm 2nd Year.

YBCHRONICLE

ht ner

DEC. 2022 04







DISCLAIMER: This tri-monthly e-bulletin 'Y.B Chronicle' is meant for free in house circulation at Y.B Chavan College of Pharmacy, Aurangabad. This e-bulletin accepts no liability for any subsequent copyright issues. The magazine cannot accept responsibility or endorse views expressed by contributors. Editors: Dr. Rana Zainuddin, Mr. Sarfaraz Khan, Mr. Shaikh Shoaib. Student representatives: Hasan Jawwad, Bin Hawail Manal, Angel Jacob.