

YBCHRONICLE

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Twenty YBCCPians crack GPAT-2019

Mohammed Aslam, Nusrat Khan and Wasif Marfani among top 105 All India Rankers

YB REPORTER

Twenty final year students made the college proud by cracking the Graduate Pharmacy Aptitude Test (GPAT), a national-level entrance test conducted by the National Testing Agency (NTA). Three among them have ranked in the secured students are among the top 150 rankers across the nation.

Principal Dr Zahid Zaheer felicitated the qualified students during an interaction with them in the college. Speaking on the occasion, the elated students thanked the teachers for their support and guidance.



GPAT QUALIFIERS

AIR 34 - Mohammed Aslam*
AIR 36 - Nusrat Khan*
AIR 102 - Wasif Marfani
AIR 138 - Imran Patel
AIR 444 - Tushar Khade
AIR 462 - Khan Usama
AIR 686 - Kalyani Wagh
AIR 781 - Shaikh Ajim
AIR 846 - Abdul Kalam
AIR 1138 - Minhaj Patel
AIR 1293 - Nutan Chapalkar

AIR 1293 - Shaikh Asef
AIR 1406 - Shaikh Sarfaraz
AIR 1458 - Chavan Mangal
AIR 2358 - Rahul Dhadge
AIR 2478 - Gauri Borude
AIR 2572 - Swati Giri
AIR 2676 - Pallavi Dhande
AIR 3463 - Rohini More
AIR 8978 - Rupesh Khalse

(*Toppers in Aurangabad district)

WHAT TOPPERS SAY

Cracking GPAT wasn't a cakewalk. It is a result of utmost dedication, persistence, believe in myself and conceptual understanding of every topic. To succeed one must have a dream which can be fulfilled with commitment, passion, positive attitude, thankfulness and believe in the Almighty. Success evades you if you nurture the fear of failure. If you want to live a happy life tie it to a goal, not to people or any object." —
Nusrat Khan, AIR 36



In preparation for GPAT, first I read a lot and analysed previous year's question papers. Then I went through reference books to clear my basic concepts of major subjects. Besides this, Aslam sir's guidance, quality coaching and Ideal GPAT tests helped me. My biggest inspiration are my parents because they are okay with both success and failure. GPAT aspirants should ideally go through reference books first followed by standard books." —
Tushar Khade, AIR 444



I had started preparing for GPAT when I was in 3rd year when I failed P'cognosy. At that point of time itself I had committed to myself that I will work hard and qualify GPAT either by hook or by brook. This was the turning point for me. As more number of questions in GPAT are from P'cology and P'cognosy, I focused on these subjects more. I am thankful to my tutor Aslam Sir for the motivation, library staff for the needed cooperation. I'm specially thankful to my parents for being there all the time. Qualifying GPAT is matter of both hard work as well as luck. Prayers, hard work, commitment and belief in myself helped me crack the test." —
Minhaj Patel, AIR 1138



CONGRATULATIONS: The GPAT qualifiers pose with the principal and faculty.

REPUBLIC DAY CELEBRATION



NATIONAL PHARMACY WEEK CELEBRATION



Principal Dr Zahid Zaheer and cultural committee in-charge Mr Yaser Quazi pose with the winners of various competitions held during the NPW-2019. Snehi Ambadkar, Ashwini Jambhale, Ilyas Baig, Shivani Somase and Poonam Dongre.

The National Pharmacy Week, organised by the local body of Indian Pharmaceutical Association, was observed from 7th to 12th February 2019. Like every year various inter-college competitions like Power Point presentation, article writing, elocution, poster making, T-shirt designing, caption writing and street play were held. The theme of this year NPW was 'Pharmacists for a healthy India.' The winners of intra-college competitions participated in the inter-college events. Below students brought laurels to the college by winning the inter-college competitions:

Mirza Ilyas Baig and Snehi Ambadkar (Shared 1st prize in Elocution), Snehi Ambadkar (2nd in caption-writing), Ashwini Jambhale (1st in T-shirt designing), Shivani Samose (1st in poster presentation), Poonam Dongre (2nd in poster presentation). Like every year, this year YBCCP got a chance to hold the inter-college poster presentation competition.

UNIVERSITY-LEVEL AVISHKAR-2018



YBCCP represented Dr Babasaheb Ambedkar Marathwada University in all categories namely teacher category, post postgraduate, postgraduate and under graduate categories at the state-level Avishkar 2018 event held at Gondwana University in Gadchiroli. The winners are: Yasar Qazi (1st in teacher category), Lalita Bhagure (1st in Post PG), Puja Kakade (2nd in PG), Shaikh Mohammed Abrar (1st in UG).

CONGRATULATION



Dr Abubakar Salam Bawazir, assistant professor of Pharmacognosy, was recognised as Ph D research guide by Dr Babasaheb Ambedkar Marathwada University.



Associate Professor Dr Jaiprakash N Sangshetti was attended below events as a resource person: 1) National seminar on Analytical QbD at College of Pharmacy Chincholi, Nashik. 2) Seminar on QbD and current ICH Guidelines at College of Pharmacy Malegaon. 3) Seminar on Genotoxic Impurities at Sanjivani College of Pharmacy, Kopergaon. 4) Seminar on Scientific Writing at D Y Patil College of Pharmacy, Pune.



Professor of Pharmaceutics, Dr M H Dehghan received the 11th Innovative Education Leadership Award as the Best Professor in Pharmacy Studies. The award which is instituted by DNA and Stars Group was presented to him in Mumbai.

Events and Happenings

IELTS workshop for study abroad / Guest lecture on Competitive Exams



A workshop on IELTS for study abroad was organised for the third and final year students. The team of Aarzoo Consultancy conducted the workshop by enlightening the students on the format, the marking scheme and importance of various sections of the test paper. Director of Aarzoo Consultancy Irshad Dhorajiwala also shared brief information about visa processing, documentation required and process of studying abroad during the workshop. Besides, a guest lecture on 'Competitive exams in Pharma (Govt. Jobs)', was also held. The resource person was Nilesh Suryawanshi, Professor Lokseva College of Pharmacy, Phulgaon, Pune.

Recruitment drive by TCS

Nine students were selected during the campus recruitment drive organised by the Industry-Institute Interaction Cell at YBCCP. Ms Bhagyashree Nirbhavane, the HR executive from Tata Consultancy Services Limited, Mumbai interviewed 57 B Pharm and M Pharm students from various colleges in Maharashtra. The drive was aimed at providing employment opportunities to pharmacy students. The IIC members Dr S R Lahoti, Dr J N Sangshetti, Mr Sarfaraz Khan and Mr Shaikh Shoaib made efforts for the drive.



First-Aid Training programme



The Co-Curricular Committee of the YB Chavan College of Pharmacy recently organised First Aid training programme for the students of B pharmacy and M Pharmacy. Halima Siddiqui, the director of National Life Saving Society and district president of Rashtriya Life Saving Society (affiliated to Royal Life Saving Society, UK) offered hands-on training to the students on various emergency situations like Cardio-Pulmonary Resuscitation (CPR), choking, handling road accident victims, drowning, handling fractures and bleeding victims. The Co-Curricular Committee members Dr Rana Zainuddin, Altamash Ansari and Nikhil Sakle made efforts for the success of the workshop.

Eye check-up camp under NSS

The National Service Scheme committee organised a free eye check-up camp in association with Titan Eye Plus. Around 150 YBCCPians and students from other colleges were also checked during the camp. College principal Dr Zahid Zaheer welcomed the team of Titan Eye Plus Rafique Ahmed (manager), optometrists Pradeep, Jaydeep Jamdhade, Vijay Kulkarni. General guidelines were given on how to maintain eye health. The NSS committee members Altamash Ansari, Nikhil Sakle, Iftequar Ahmad and Aateka Barrawaz made efforts to arrange the camp.



GUEST LECTURES & SEMINARS

- ① Guest lecture on 'Competitive exams in Pharma (Govt. Jobs)' was organised for 3rd and 4th year students. Nilesh Suryawanshi, Professor Lokseva College of Pharmacy, Phulgaon, Pune was the resource person.
- ① Guest lecture on 'Career Counseling' was organised by the Industry Institute Interaction Cell in association with IES Management College & Research Centre, Mumbai. Centre's associate dean Prof. Ulhas Karkhanis guided the students on interview techniques, CV writing and how to make successful career in pharmaceutical marketing.
- ① Prof Sudhir Rajdar Patil, Asst professor, Lotus Business School delivered a guest lecture on 'New trends, opportunities in pharma sector.' Students were enlightened on the new trends, opportunities in health-care management viz medical tourism, hospital management, etc.

PHARMACIST FOR A HEALTHY INDIA

SNEHI AMBADKAR



(B Pharm
2nd year
(Shared 1st prize at
Elocution in NPW
2019)

Aushadhi Jahnvi Toyam Vaidyo Narayana Hari. Often our grandparents have asked us to recite this mantra before taking medicines. Medicines are like the water of holy river Ganga and the vaidya is Lord Narayana himself, this is what the mantra means. Vaidya is someone who diagnoses and gives medicines prepared by him. In today's age, both the doctors and the pharmacists strike this beautiful balance of a vaidya.

Bheshaj is a term used for the past four thousand years in India which is equivalent to the Greek term Pharmakon which means 'drug' from which the term Pharmacy was derived. It is since then that the pharmacist is held responsible for making drugs for a healthy lifestyle. Initially in India, Ayurveda was the basic source for the knowledge of health and medicines but later Unani-Tibbi and Allopathy were introduced with invasions. Charaka and Sushruta are the notable vaidyas of ancient India whose works are still looked up to.

My mother once said that she was glad I got into pharmacy because there is this sense of relief that there is at least someone in the house who knows what can be wrong with your health at any given instance. Her words showed me essentially how important my profession is.

The course of pharmacy is extremely wide and involves not only the formulation of medicines but also knowledge of basic human anatomy and physiology, pathology and pharmacology. Pharmacists thus have a knowledge on the topics of confusion which often arise in patients' minds regarding how to consume a specific medication or general health. Also, they are aware of a patient's medical history and can hence inform the patients or doctors about allergies if any. Still, pharmacists are often never considered to clear these confusions. According to a layman, a pharmacist is simply someone who owns a shop and sells medicines. Even the fact of consulting to your neighbourhood pharmacist is alien to many.

But according to a survey conducted by American Pharmacist Association, even knowing the name of the pharmacist helps. The consumers who knew their pharmacist's name were twice as likely to talk to their pharmacist about questions they had about their medications. They were also twice as likely to read their prescription labels and more likely to know the active ingredients in their medications, both prescription and non prescription.

People today have become extremely conscious about what goes inside their bodies and we as pharmacists can bring about a revolutionary change in achieving the dream of a healthy India. I personally feel that extracting this profession to its fullest potential has become a need of the day.

Consider the basic examples of consuming effervescent granules where first a whirl needs to be created and then the granules need to be added or the fact that coffee and sedatives should not be consumed simultaneously or even the right way to use suppositories and pessaries. These



are the things to name a few where a pharmacist can help. They can also help by providing with OTC that is over the counter drugs. Even the fact that someone listens to us empathetically plays a big role in improving the patient's mental state.

The health ministry of our country is also taking steps towards improving the health conditions of our country. Even to improve the health conditions of people in rural areas, our government is bringing various provisions. Pharmacists play a very important role in this campaign to achieve a healthy India. In order to support the initiative of our Hon'ble Prime Minister's "Swachh Bharat Abhiyan", PCI launched a campaign in the name of "Pharmacist for Swachh and Swasth Bharat" by spreading the awareness as to how expertise of Pharmacists can be utilized in preventive cure for Swasth Bharat.

Another revolutionary change which

can be seen coming is the introduction of online pharmaceutical services which currently constitute of only 2 to 3% of total sales in the market but are quite handy as they not only provide doorstep delivery which helps the patients who have issues in moving but also basic information about various medications which have been provided by practicing pharmacists themselves. WebMD and PharmEasy are the examples of such services.

The bowl of hygieia that is the logo of us pharmacists is basically a mortar over a pestle and a snake twined and poised over it. It is said that the snake symbolises the poison and this poison is converted into medicine by us pharmacists. It is our duty as pharmacists to clear the ignorance surrounding the concept of a pharmacist and spread awareness among the people to have a healthy society. The misconceptions often arise by misleading advertisements or simple mistakes such as taking same medicines as someone we know who had same symptoms which may later lead to severe health issues. It is estimated that 12% of emergency department visits are due to drug-related adverse events.

As pharmacists we hold a lot of power and must use it wisely for the betterment of our country. We, as youth are the future pharmacists and will shape our country. Even our grandmother's pouch, which is kind of a pharmacy in itself, acts as a saviour for many basic diseases, so why can't we? It was rightly said by the poster of Pharmacist's day in 2014 in the Shubh Yatra magazine of Air India, 'Pharmacists: they do more than just count your pills'. So let us ask the society to seek our help and let us strive as pharmacists for a healthy India.

MIRZA ILYAS BAIG

(B Pharm
2nd year
(Shared 1st prize at
Elocution in NPW
2019)



We are not Racist,
We are Pharmacist,
We are not Fascist, We are Pharmacist.
We are not Exorcist, We are Pharmacist
We are not Narcist, We are Pharmacist
We are not Pyrogenic, We are like
Paracetamol
We are for Welfare Not Warfare

India was never meant to be a country. It was always a humongous continent in deep slumber, a colossus population of 1.4 billion people with a dismal health care system, ever-rising diseases, including communicable and non-communicable, infectious and non infectious.



Pharmacists are a dynamic, patient-oriented professionals committed to fulfilling the health care needs of the patients. According to WHO the doctor-patient ratio in any country should be 1:1000 but the situation is grim. In India 1 allopathic doctor is for 11,082 patients. India will need an additional 8 lakh doctors to meet the demand so the onus lies on the pharmacist to provide primary health care to the people of India. As India is the largest medicine exporter with 10 lakh pharmacists with a ratio of 2:2000.

Pharmacy is a unique profession which is a combination of paramedical, technical, research scholar who works as the amalgamation of an inventor, dispenser, physician and an engineer. The only difference between a pharmacist and a doctor is that a doctor can diagnose but we cannot. They are experts in surgeries but we aren't. But my motive isn't to compare these two noble profession but just to emphasise the importance of a pharmacist. Right from patient counseling to national health programmes to medicine management all fall under our jurisprudence.

The Directly Observed Treatment for Tuberculosis (DOTS) estimations say that every year about 4 lakh people die due to TB. Under DOTS it is our duty to direct the patients regarding "Poora Course and Pakka Ilaj". The physicians cannot counsel the patients due to time crunch and as we are acquainted with the supreme knowledge of drugs, so I believe pharmacists are better at TB management. In addition to that we have pharmacist in regulatory bodies like FDA, FSSAI, etc. So I'll just conclude by reminding the ignorant masses that we are a pharmacist and for your betterment, so just trust us.

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